

AGB Youth Festival 2019 - Team Selection Criteria

Scottish Archery is delighted to announce the selection of a Scottish team to take part in the team competition at the AGB Youth Festival from the 28th July to 2nd August at Lillieshall. The selection criteria will be based against our 'what it takes to win' [model](#). This will take account of the scores being shot as well as personal practice, mental approach, and other training eg strength & conditioning, and lifestyle etc.

We have a selection shoot arranged for Sunday 16th June at Craigholme School in Glasgow to allow anyone new to an age group to have the opportunity to shoot the round for that age group (sign up [here](#)). If you already have scores for your age group then you can still attend and shoot a score for evidence but results from the previous 12 months can also be submitted as evidence. The closing date for submitting evidence will be 17th June. Evidence can be submitted using this [form](#).

The format of the youth festival allows potential* teams to be selected for:

Mixed Junior Recurve (U20 on 1/1/19)

Mixed Junior Compound (U20 on 1/1/19)

Mixed Cadet Recurve (U17 on 1/1/19)

Mixed Cadet Compound (U17 on 1/1/19)

Mixed Cub Recurve (U13 on 1/1/19)

(Mixed teams consist of 1 boy and 1 girl, with the cub age group the team can be mixed or single sex)

* If there are not 2 archers meeting the criteria in any of the above categories then a mixed team will not be selected for that category.

Scores

94% of the GB minimum level for outdoor selection, up to three scores can be submitted from between 18th June 2018 and 17th June 2019 with one being shot above the score below:

Junior Male Recurve – WA720 578

Junior Female Recurve – WA720 548

Cadet Male Recurve – WA720 (60m) 578

Cadet Female Recurve – WA720 (60m) 558

Junior Female Compound – WA720 (50m) 635

Junior Male Compound – WA720 (50m) 648

Cadet Female Compound – WA720 (50m) 623

Cadet Male Compound – WA720 (50m) 639

Cub Recurve – Stepping stone round 550

N.B If scores are close and there is sufficient evidence around 'What it takes to win' then you can still be considered for selection.

Other Factors

In order for selections to be considered athletes should look to provide:

- Extract from a training diary to highlight lifestyle and personal practice sections in the 'what it takes to win model'
- Progression made over previous years in terms of scores, competitions attended and any significant changes in training patterns
- Details of other archery training such as strength and conditioning and any instances of resilience etc
- Competition scheduling and any basic understanding of periodisation
- Show what has been done specifically to work on the archer's mental approach, looking at coping strategies, visualisation, post analysis etc
- Share your long-term goals and what short term goals will get you there
- Tell us about any injuries or adversity that you have had to overcome

Examples – Some ideas of what we are looking for within the evidence

- Taking part in at least 4 purposeful archery sessions each week
- Supplementary sessions that focus on non-archery aspects each week
- Training plan that shows 'peaking' for key events during the season
- Long term goals that are Specific, Measurable, Achievable, Realistic, Time bound (SMART)

Process

After online submission of scores and evidence against the what it takes to win model, archers meeting the criteria and with confirmed entry to the youth festival will be passed to the performance subcommittee for final selection of places. If there are not a sufficient number of archers meeting the criteria for a specific category, no team will be selected for that category. There may be a requirement for some face to face conversations with archers to discern between candidates at similar levels.

Selected archers will be provided with a team shirt if they do not already own one and archers attending the youth festival are able to access funding against the domestic funding [criteria](#).