

Champion Minded Conference

Saturday

Session 1 – Champion Minded – 10am till 12

This session will explore the principles of Champion Minded and how to implement that within your environment whether you are an athlete, coach, parent or club leader.

LUNCH

Session 2 – Implementation – 1.30pm till 3.30pm

This session build on the principles learned during the morning session and provides a practical opportunity to work in groups and look at how you can implement them. It also allows for shared problem solving.

Session 3 – World Café – 3.45pm – 5pm

Networking opportunity

Sunday

Session 1 – Making an Impact – 10am till 12

Session with Allistair with everyone together around being as effective as possible within their sports.

LUNCH

Session 2 – Implementation 1.30pm till 3.30pm

This session build on the principles learned during the morning session and provides a practical opportunity to work in groups and look at how you can implement them. It also allows for shared problem solving.

Session 3 – Closing – 3.30pm till 4pm

This session ties up the weekend and summarises what we have learned and sets out the future steps for ongoing developments.