

# Scottish Archery

## Soft Archery Awards Scheme



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### Introduction

Soft Archery is a great way to introduce people into the sport making it very accessible and affordable form of archery. This includes working with beginner level participants from young children to older adults, those with a disability and non-competitive archers who shoot socially/recreationally. It is also an effective way of teaching range safety and developing basic technique before progressing on to full archery.

Similarly to our current Awards Scheme for Outdoors, we are keen to provide a programme that can be accessible within various environments. This includes clubs, community groups, local authorities, facility providers, schools, colleges and universities. Further to this we believe that the framework developed is holistic in its approach as it allows participants, coaches, leaders, parent/guardians and staff members collectively to measure improvements and progression.

### Aims

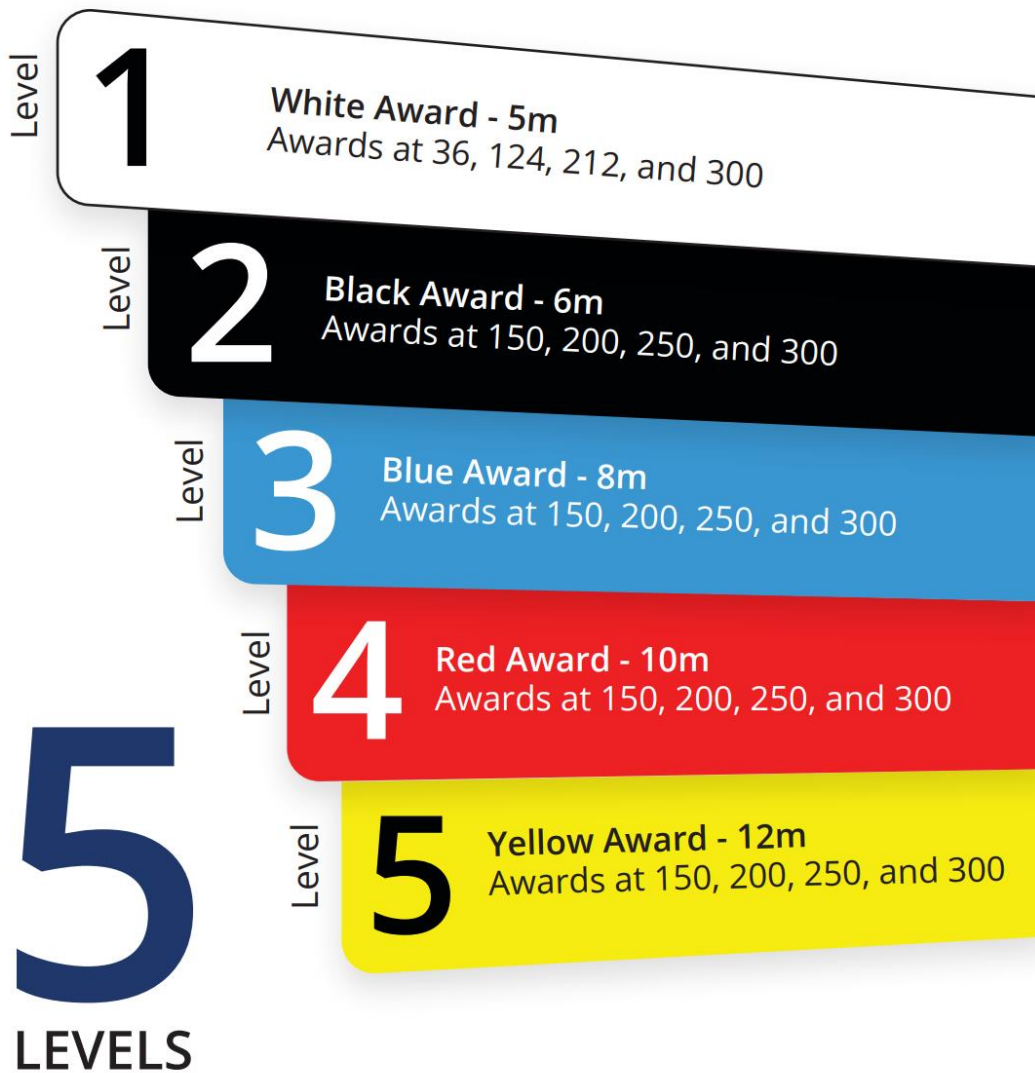
The following aims are tied to the overall strategy:

- Support and provide clubs, groups and schools a tool to build into existing Soft Archery sessions or setup new sessions to compliment current sessions
- Supports our vision of Building Archery Communities – engaging with people out with our membership in a new sport
- Establishing archery as an inclusive, fun and collaborative sport to grow and develop communities
- More people engaging with Soft Archery, providing an entry point/pathway into the sport with options to progress to full archery within a club setting
- More people encouraged to progress and stay within the sport and earn awards as they progress
- Have an easy format that can be delivered in a variety of environments, ages and abilities
- Allow participants to measure improvement and progress
- Provide a tool for coaches to help track improvement

### Levels

As you can see from the picture of the model there are 5 levels within the award based on the colours of the target face (White, Black, Blue, Red, Yellow). Within each level there are also 4 progress markers so participants can track how close they are to completing the level they are on.

When achieving a level, participants will be able to have their Achievement Card signed off by a coach, leader, staff member or parent/guardian. Please see the Achievement Card within this document which you can either print or digitally present to members when they achieve the progress marker scores.



Archers have the opportunity to shoot at the level relevant to them and gain progress awards as they develop. All rounds are based on 3 doz arrows.



For more information please contact [admin@scottisharchery.org.uk](mailto:admin@scottisharchery.org.uk)

## Age group

This award scheme is designed for all ages and there are no restrictions. Please note any participants under age of 18 need an accompanying adult to supervise them when completing awards

## Rules

The rules are designed to be relatively simple and should be adaptable for clubs, groups, organisations and schools to use within their sessions.

## Rounds

All levels of the award scheme are based on a 3 dozen round ranging at distances from 5m up to 12m

Participants can decide how many arrows per end works for them. i.e it could be 12 ends of 3 or 6 ends of 6.

If time allows participants should be offered some practice arrows (sighters) as part of the warm up and preparation.

To achieve an award the participant should have recorded 3 scores on or above the target levels below.

## Levels, Distances and Score Thresholds

Level	Distance	Scores (3 dozen arrows)					
Level 1 - White	5m	36	124	212	300	300	300
Level 2 - Black	6m	150	200	250	300	300	300
Level 3 - Blue	8m	150	200	250	300	300	300
Level 4 - Red	10m	150	200	250	300	300	300
Level 5 - Yellow	12m	150	200	250	300	300	300

## Scoring

If arrows hit the target, mark down the highest scoring ring that the arrow is in. Good practice is to work in pairs and fill out someone else's scorecard.

See appendices for sample Scorecard

## Progress Markers

Using the Award Card, participants will be able to update this by placing a sticker on one of the score circles to log that they have completed this level. Also clubs, groups & schools can sign off each level using the Certificates. The Award Card is a printed document which can be accessed along with stickers.

The Certificates can be printed out or some may prefer a digital copy for social media and uploaded on to their member profile on the JustGo system as a credential. For guidance on how to do this please visit our membership section [here](#).

Awards Cards and Certificates can be completed by coaches, leaders, parent/guardians and staff members.

### **Frequency**

How often the club, group or school offers the chance to achieve award scheme scores is entirely up to them, it could be available in every session or it may suit better if it is once a week or once a month.

### **FAQ's**

#### **How much will it cost for me to take part in the award scheme?**

Those completing the Soft Archery Leaders Award will get an initial bundle for free. For receiving additional bundles please contact [admin@scottisharchery.org.uk](mailto:admin@scottisharchery.org.uk)

#### **The club/group/school, I am part of isn't currently affiliated to Scottish Archery, can I take part?**

Yes, we encourage everyone engaged in Soft Archery to take part in this.

#### **Can I use this as a coaching tool to help archers I'm working with to see their progress?**

Yes we would very much encourage this.

#### **What can I do if I'm just not progressing and my scores are stagnating?**

Speak to your coach/leader for some tips on how to improve your shooting.

SAMPLE SCORECARD

## Soft Archery Awards Scheme

**Name:**

**Club/Group/School:**

**Month:**

**Level:** WHITE BLACK BLUE RED YELLOW

Arrow Value			End Total	Hits	10's	Running Total
<b>Total:</b>						
<b>Archer's Signature:</b>						
<b>Coach/Leader Signature:</b>						

Name: \_\_\_\_\_



# SOFT ARCHERY AWARDS SCHEME

Certificate



Date Achieved:

\_\_\_\_\_

Signature:

\_\_\_\_\_



Date Achieved:

\_\_\_\_\_

Signature:

\_\_\_\_\_



Date Achieved:

\_\_\_\_\_

Signature:

\_\_\_\_\_



Date Achieved:

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Signature:

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Date Achieved:

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Signature:

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